

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activities subject to change and/or cancellation at any time

February 2026

Southgate Special Care- A & C Lounge Programs

10:15-10:30 Morning Worship Songs 10:30-11:00 Mix and Match Sensory Boxes 11-11:30 Sporting Humor/Winter Sports Videos (YT) 11:30-11:45 Relaxing Piano Melodies and Hand Massages 2:30 Worship Service (AUD) <small>Tu B'Shevat Begins</small>	1 10:15-10:30 Music and Movement 10:30-11:30 Snoezelen Sensory 11:30-11:45 Julie Andrews Compilation Videos 2:30-3:30 Folk Music with James (C-Lounge) 4:00-4:30 A Cozy Winter Afternoon Making Muffins, Soup, and Crusty Bread <small>Groundhog Day</small>	2 10:15-10:30 Morning Warm-Up 10:30-11:30 Touch of Lavender with Margarita 11:30-11:45 1960's TV Shows Themed Songs Reminisce 2:30 Communion Service (AUD) 4:00-4:30 Vera Lynn Sings (1977)	3 10:15-10:30 Gentle Rhythm 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 Snoezelen Sensory 2:15-2:45 Bob's Sing-Along: Folk Edition 2:45-3:30 Tour Charleston's Historic Homes 4:00-4:30 Gene Kelly: Some of his Greatest Works	4 10:15-10:30 Chair Dancing Exercise 10:30-11:00 Positive Morning Affirmations 11:00-11:30 Snoezelen Sensory 11-11:30 The Most Iconic Male Actors of the 1960s 2:15-3:15 Sensory Relaxation 3:15-3:45 Shindig: Sixties Superstars (1964-1966) (YT) 4:00-4:30 Memories of Kitchen Utensil, Episode 1	5 10:15-10:30 Mindful Moments 10:30-11:00 Healthy Lifestyles 11:00-11:30 Peaceful Hymns 2:15-2:45 Kittens and Cats in 4K 2:45-3:20 Do You Remember these Old Sayings 3:20-3:45 The Nat King Cole Show (1957) 4:00-4:30 Remembering the 1960's and 1970's	6 10:15-10:30 Mind and Body Exercises 10:30-11:30 Snoezelen Sensory 11:30-11:45 Classic TV Bloopers from 1960's 2:15-3:15 Sensory Spa 3:15-3:45 "Kenny Rogers, Live by Request"
Super bowl Sunday 10:15-10:30 Hymns with Lyrics 10:30-11:00 Creative Coloring and Winter 4K Timelapse 11:30-11:45 "NFL Most Embarrassing Moments" (YT) 2:30 Worship Service (AUD) <small>Football</small>	8 10:15-10:30 Music and Movement 10:30-11:30 Snoezelen Sensory 11:30-11:45 Beat Bobby Flay: Surf & Turf Challenge 2:15-3:00 Spanish Club: "History of Salsa Music" 3-3:30 Classic Hollywood Movies Reminisce 3:30-3:45 Hand Massages 4:00-4:30 Endless Winter Days: Slow Living in the Countryside	9 10:15-10:30 Morning Warm-Up 10:30-11:00 Picture Books and 1:1 Chats 11-11:30 "Kids say the darndest things!" (YT) 2:30 Worship Service (AUD) 4:00-4:30 Vintage Clothing Thrift Haul 1960's & 1970's Styles	10 10:15-10:30 Gentle Rhythm 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 Snoezelen Sensory 2:30-3:30 Musical Performance by Van Martin (C-Lounge) 4:00-4:30 The Beatles Live in Australia (1964) (YT)	11 10:15-10:30 Sit and Get Fit with Paul Eugene 10:30-11:00 Positive Morning Affirmations 11-11:30 Hymns Sing-Along 11:30-11:45 Hand Massages and Piano Music 2:15-3:00 Tabletop Sensory 3:15-3:45 Funny Babies Playing with dogs' video 4:00-4:30 Let's Talk Cards	12 10:15-10:30 Mindful Moments 10:30-11:00 Tabletop Sensory 11:00-11:30 Cars: Then and Now 2:30 February Birthday with Randy Accardi (AUD) 4:00-4:30 Music of Dolly Parton and Hand Massages	13 10:15-10:30 Seated Exercises 10:30-11:30 Snoezelen Sensory 2:15-3:00 Creative Winter Coloring and Classic Love Songs 3:00-3:30 Comedy Classics: "Johnny Carson Animal <small>Valentine's Day</small> Bloopers" (YT) 3:30-3:45 Romantic Phrases from Around the World <small>Valentine's Day</small>
10:15-10:30 Old Country Gospel Songs 10:30-11:00 Table Games and Puzzles 11:00-11:30 Unwrapped Throwback: How Jell-O, Cracker Jacks, and Pop Rocks are made 11:30-11:45 Café Jazz Music and Shoulder Massages 2:30 Worship Service (AUD)	15 10:15-10:30 Music and Movement 10:30-11:00 Tactile Tables 11:00-11:30 "Every President's Favorite Food" (19 min.) (YT) 2:15-3:15 Snoezelen Sensory 3:15-3:45 Comedy Classics: "The Honeymooners" 4:00-4:30 Traditional Mozzarella Cheese Making-A Mountain Village Legacy <small>Presidents' Day (U.S.)</small>	16 10:15-10:30 Morning Warm- Up 10:30-11:15 Drumming Circle with Talia 11:15-11:45 Top 10 Dancers of All Time 2:30 Worship Service (AUD) 4:00-4:30 "Unwrapped, How Fortune Cookies Are Made" <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small>	17 10:15-10:30 Gentle Rhythm 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 Snoezelen Sensory 11:30 Love Songs of the 50's 2:15-3:00 Artistic Expressions: Winter Tree Painting with Courtney 3-3:45 Pop Music TV Shows of Mid to Late 1960s 4:00-4:30 Pondering Prompts	18 10:15-10:30 Chair Dancing Exercise 10:30-11:00 Positive Morning Affirmations 11-11:30 Memorable Slogans 2:15-3:15 Snoezelen Sensory 3:15-3:45 American Bandstand (1969) (YT) 4:00-4:30 Reminiscing Corner: "Prices Then and Now"	19 10:15-10:30 Mindful Moments 10:30-11:00 Musical Balloons 11-11:30 Sight and Sounds of Nature 2:15-2:45 Companion Pets 2:45-3:30 1950's One Hit Wonders and Hand Massages 4:00-4:30 "1950's fads, fashions, and cost of living book"	20 10:15-10:30 Mind and Body Exercises 10:30-11:30 Snoezelen Sensory 11:30 Songs of Judy Garland 2:15-2:45 Drumming Circle with Talia 2:45-3:30 The Best Winter Destinations to Visit 3:30-3:45 Billy Joel Hits
10:15-10:30 Caleb and Kelsey Christian Worship Songs 10:30-11:00 Sensory "Show and Tell" 11-11:30 The Best Chocolate Cake Recipe with the Preppy Kitchen (YT) 11:30-11:45 Acoustic Guitar Music and Hand Massages 2:30 Worship Service (AUD)	22 10:15-10:30 Music and Movement 10:30-11:00 Sights and Sounds of Nature 11:00-11:30 Ina Garten's Skillet Roasted Lemon Chicken 2:15-3:15 Snoezelen Sensory 3:15-3:45 Gisele MacKenzie Sings Songs from Your Hit Parade #16 (YT) 4:00-4:30 One Day in the Coldest Village on Earth	23 10:15-10:30 Morning Warm- Up 10:30-11:30 Winter Themed Sensory Spa with Margarita 11:30-11:45 Doris Day Sings Songs from Movies 2:30 Worship Service (AUD) 4:00-4:30 Life in the Countryside: 20 Peaceful Days of Farming	24 10:15-10:30 Gentle Rhythm 10:20-10:50 Pet therapy w/ Carol and Maylee (on unit) 10:30-11:30 Snoezelen Sensory 2:30-3:30 Monthly Birthday Party (on unit) with Musical Performance by Christine DeLeon (C-Lounge) 4:00-4:30 Yellowstone's "Winter Peace" and Hand Massages	25 10:15-10:30 Dance Fitness with Paul Eugene 10:30-11:00 Positive Morning Affirmations 11-11:30 Music and Color 11:20-11:45 Masters Agility Dog Show Compilation 2:30 Catholic Mass (AUD) 4-4:30 Bee Gees-One Night Only, Live in Las Vegas 1997	26 10:15-10:30 Mindful Moments 10:30-11:00 Tactile Tables 11-11:45 The Doris Day Show 2:15-2:45 Target Toss 2:45-3:30 Mary Berry's Favorite Recipe s 3:30-3:45 Rick Steves: Edinburgh (YT) 4:00-4:30 Martha Bakes: Season 1 Classic Episodes	27 10:15-10:30 Mind and Body Exercises 10:30-11:00 Hand/Shoulder Massages 11-11:45 Rick Steves' Travelogue: "Cruising the Mediterranean" (55 min.) (YT) 2:15-3:15 Snoezelen Sensory 3:15 Life and Legacy of Artist: "Vincent van Gogh" (YT)